

# **Monthly E-Blast**

#### September 2018

Aissouri Bootbeel Healthy StartSEMO HEALTH NETWORK



#### BHA Representatives at Infant Mortality Workshop

#### BHA Representatives presenting at Toastmaster's

On Friday, September 21<sup>st</sup>, Missouri Bootheel Healthy Start held an Infant Mortality Workshop at the Miner Convention Center. Anthony Crawford (Community Health Worker) and Rhonda Diebold (Community Outreach Specialist) displayed an exhibit table of BHA information and dispersed pamphlets. It was a great opportunity for the BHA

team to meet other area providers as well as potential clients.



Anthony and Rhonda presented at the MBRC Toastmaster's meeting on Monday, September 24<sup>th</sup>. The presentation was created for the Diabetes Shared Learning Network Meeting they are attending at Jefferson City, Missouri on September 26<sup>th</sup>.



#### **BHA Representatives at Diabetes Shared Learning Network Meeting**

BHA Representatives attended the Diabetes Shared Learning Network Meeting at the Missouri Hospital Association in Jefferson City, Missouri on Wednesday, September 26<sup>th</sup> to present the BHA Programs.

Pictured from left: Stephen Njenga- Director of Performance Measurement Compliance, Peter Rao- Vice President of Quality Evaluation and Program Development, Cynthia Dean, Anthony Crawford, Rhonda Diebold and Terrico Johnson



# **BHA Recognized in Network Spotlight**



NATIONAL RURAL HEALTH RESOURCE CENTER

Network Spotlight: Bootheel Health Alliance, Missouri Bootheel Regional Consortium, Inc.

September 2018 Organization: Missouri Bootheel Regional Consortium, Inc. The BHA program was selected to be featured as the Network Spotlight in the newsletter published by the National Rural Health Resource Center called Networking News.

## **Upcoming Events**

Power to Prevent Class Every Tuesday from October 9<sup>th</sup> to November 27<sup>th</sup> 10:00 A.M. – Noon MBRC 903 S. Kingshighway Sikeston, Mo. 63801

Family Fun Night Wednesday, October 17<sup>th</sup> 5:30 P.M. – 7:30 P.M. Bowden Civic Center 700 Sy. William St. Charleston, Mo. 63834 Family Fun Night Friday, October 19<sup>th</sup> 5:30 P.M. – 7:30 P.M. YMCA of Southeast Missouri 511 Taylor St. Sikeston, Mo. 63801 Health Fair Thursday, October 25<sup>th</sup> 8:00 A.M. – 1:00 P.M. Charleston Nutrition Center 205 W. Commercial St. Charleston, Mo. 63834

Diabetes Workshop Friday, November 9<sup>th</sup> 9:00 A.M. - 1:00 P.M. Miner Convention Center 2610 East Malone Ave. Miner, Mo. 63801

#### Announcements

- Members from the Sheltering Tree Ministry class graduated from the *Power to Prevent* class this month.
- BHA had a meeting with partners (SEMO Health Network, Gibson Recovery Center and NHS) to discuss progress of the grant, how to continue expanding the program and recruit members.
- The BHA team administered a four part series workshop at FCC Behavioral Health in Kennett that included an introduction to diabetes, healthy eating, physical activity and coping with stress.
- CHW's at SEMO Health Network are now teaching *Power to Prevent* classes on site.

# **Community Outreach Reports**

Community Outreach Specialist and Program Data Assistant represented the BHA Program at the Scott County Area Resource Council meeting.

CHW provided an overview of the BHA Childhood Obesity Prevention Program at Pemiscot Initiative Network meeting.

CHW at NHS and Community Outreach Specialist provided an overview of the BHA Program and distributed brochures at Pemiscot Initiative Network meeting.

CHW at NHS represented BHA Program at the Caruthersville Nutrition Center and Hayti Nutrition Center by providing an overview of BHA and distributed flyers.

Community Outreach Specialist provided Heart to Heart with developed health literacy materials and discussed future collaboration and opportunities.

# REMINDERS

Weekly reports will be due every Monday. The monthly reports will still be due on the 5<sup>th</sup> of every month. Please submit your narrative and data reports to Alisha Morrill and invoices to Patricia Cope.

### **CONTACT INFORMATION**

If you have any questions, please feel free to contact:

Rhonda Diebold, Community Outreach Specialist 573-471-9400 ext. 309 <u>rdiebold@mbrcinc.org</u>

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Thank you for your continued commitment and hard work in ensuring the BHA program is successful.

Visit our website for employment opportunities <u>www.mbrcinc.org</u>