On Friday, September 21st, Missouri Bootheel Healthy Start held an Infant Mortality Workshop at the Miner Convention Center. Anthony Crawford (Community Health Worker) and Rhonda Diebold (Community Outreach Specialist) displayed an exhibit table of BHA information and dispersed pamphlets. It was a great opportunity for the BHA team to meet other area providers as well as potential clients.

Anthony and Rhonda presented at the MBRC Toastmaster’s meeting on Monday, September 24th. The presentation was created for the Diabetes Shared Learning Network Meeting they are attending at Jefferson City, Missouri on September 26th.

BHA Representatives attended the Diabetes Shared Learning Network Meeting at the Missouri Hospital Association in Jefferson City, Missouri on Wednesday, September 26th to present the BHA Programs.

Pictured from left: Stephen Njenga- Director of Performance Measurement Compliance, Peter Rao- Vice President of Quality Evaluation and Program Development, Cynthia Dean, Anthony Crawford, Rhonda Diebold and Terrico Johnson
Members from the Sheltering Tree Ministry class graduated from the Power to Prevent class this month.

BHA had a meeting with partners (SEMO Health Network, Gibson Recovery Center and NHS) to discuss progress of the grant, how to continue expanding the program and recruit members.

The BHA team administered a four part series workshop at FCC Behavioral Health in Kennett that included an introduction to diabetes, healthy eating, physical activity and coping with stress.

CHW’s at SEMO Health Network are now teaching Power to Prevent classes on site.

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**Upcoming Events**

- **Power to Prevent Class**
  - Every Tuesday from October 9th to November 27th
  - 10:00 A.M. – Noon
  - MBRC
  - 903 S. Kingshighway
  - Sikeston, Mo. 63801

- **Family Fun Night**
  - Wednesday, October 17th
  - 5:30 P.M. – 7:30 P.M.
  - Bowden Civic Center
  - 700 Sy. William St.
  - Charleston, Mo. 63834

- **Diabetes Workshop**
  - Friday, November 9th
  - 9:00 A.M. - 1:00 P.M.
  - Miner Convention Center
  - 2610 East Malone Ave.
  - Miner, Mo. 63801

- **Family Fun Night**
  - Friday, October 19th
  - 5:30 P.M. – 7:30 P.M.
  - YMCA of Southeast Missouri
  - 511 Taylor St.
  - Sikeston, Mo. 63801

- **Health Fair**
  - Thursday, October 25th
  - 8:00 A.M. – 1:00 P.M.
  - Charleston Nutrition Center
  - 205 W. Commercial St.
  - Charleston, Mo. 63834

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**Announcements**

- Members from the Sheltering Tree Ministry class graduated from the Power to Prevent class this month.
- BHA had a meeting with partners (SEMO Health Network, Gibson Recovery Center and NHS) to discuss progress of the grant, how to continue expanding the program and recruit members.
- The BHA team administered a four part series workshop at FCC Behavioral Health in Kennett that included an introduction to diabetes, healthy eating, physical activity and coping with stress.
- CHW’s at SEMO Health Network are now teaching Power to Prevent classes on site.
Community Outreach Reports

Community Outreach Specialist and Program Data Assistant represented the BHA Program at the Scott County Area Resource Council meeting.

CHW provided an overview of the BHA Childhood Obesity Prevention Program at Pemiscot Initiative Network meeting.

CHW at NHS and Community Outreach Specialist provided an overview of the BHA Program and distributed brochures at Pemiscot Initiative Network meeting.

CHW at NHS represented BHA Program at the Caruthersville Nutrition Center and Hayti Nutrition Center by providing an overview of BHA and distributed flyers.

Community Outreach Specialist provided Heart to Heart with developed health literacy materials and discussed future collaboration and opportunities.

REMINDERS

Weekly reports will be due every Monday. The monthly reports will still be due on the 5th of every month. Please submit your narrative and data reports to Alisha Morrill and invoices to Patricia Cope.

CONTACT INFORMATION

If you have any questions, please feel free to contact:

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Alisha Morrill, Program Data Assistant
573-471-9400 ext. 310 AMorrill@mbrcinc.org

Thank you for your continued commitment and hard work in ensuring the BHA program is successful.

Visit our website for employment opportunities www.mbrcinc.org