

Network Partners

- Missouri Bootheel Regional Consortium
- SEMO Health Network
- Gibson Recovery Center
- NHS Distributors, Inc
- Southeast Missouri Rural Minority Health Coalition
- Missouri Bootheel Healthy Start











For More Information Contact Us



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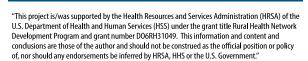
1-888-317-4949 / 573-471-9400 573-471-9401

www.mbrcinc.org











DO YOU KNOW YOUR ABC's?

A is for A1C Test

B is for Blood Pressure

C is for Cholesterol





FOCUS









PROGRAM GOALS

- **1** Decrease risk factors for diabetes and obesity
- 2 Decrease disparities in obesity rates and diabetes control
- 3 To improve overall mental health of individuals diagnosed with diabetes or obesity
- Implement a community driven approach to preventing and managing diabetes and obesity



SERVICES

- Health Education
- Health Screenings
- Depression Groups
- CommunityEngagement