Network Partners

- Missouri Bootheel Regional Consortium
- SEMO Health Network
- Gibson Recovery Center
- NHS Distributors, Inc
- Southeast Missouri Rural Minority Health Coalition
- Missouri Bootheel Healthy Start

For More Information Contact Us

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**FOCUS**

- Decrease risk factors for diabetes and obesity
- Decrease disparities in obesity rates and diabetes control
- To improve overall mental health of individuals diagnosed with diabetes or obesity
- Implement a community driven approach to preventing and managing diabetes and obesity

**DO YOU KNOW YOUR ABC's?**

- A is for A1C Test
- B is for Blood Pressure
- C is for Cholesterol

**PROGRAM GOALS**

1. Decrease risk factors for diabetes and obesity
2. Decrease disparities in obesity rates and diabetes control
3. To improve overall mental health of individuals diagnosed with diabetes or obesity
4. Implement a community driven approach to preventing and managing diabetes and obesity

**SERVICES**

- Health Education
- Health Screenings
- Depression Groups
- Community Engagement

**Service Region: Bootheel Counties**

- Dunklin
- Mississippi
- New Madrid
- Pemiscot
- Scott