**CONSUMER INVOLVEMENT**

**Join Us**

**To Become a Member of the Healthy Start Regional Consortium and Local Councils**

**Make A Difference...**

Help plan and attend education events addressing key perinatal issues associated with the Local Health Systems Action Plan Goals

- 1st Trimester entry into prenatal care
- Pre-Pregnancy Obesity
- Mental Wellness
  - Attend Monthly Regional Consortium and Local Council County Meetings
  - Stay informed on partnering agency community events
- Support Fatherhood activities
- Support Southeast Missouri Maternal Child and Family Health Coalition Advisory activities
- Support Local and State Department of Health Maternal Health activities
- Help promote Healthy Start program services

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**Missouri Bootheel Healthy Start**

903 S. Kingshighway, Suite A
PO Box 947
Sikeston, MO 63801

(573) 471-9400
Toll Free: 1 (888) 317-4949

mbrcinc.org

“Like” us to receive updates and information

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**Improving the lives of women, infants and families**

Enrollment in Healthy Start Case Management services does not prevent you from receiving WIC (Women Infant Children) services from a local provider.
We work with women who are pregnant and families with children less than 2 years of age to gain access to healthcare and other community services. MBHS encourages first trimester (week 1 - week 12) enrollment.

We serve the following counties:

- DUNKLIN
- MISSISSIPPI
- NEW MADRID
- PEMISCOT
- SCOTT

We help:

- Access and determine the needs of individuals and families
- Develop a plan of care to meet those needs
- Assist and link individuals and families to available resources and services in their communities
- Provide periodic follow-up to ensure the needs are being met!

We work to:

- Reduce infant death rates
- Reduce the incidence of low birth weight babies
- Help women have healthier babies
- Reduce racial and socioeconomic disparities in rates of infant mortality
- Promote women’s wellness
- Support male involvement
- Participate on various committees

We refer to organizations who provide:

- Medical care and Mental health care
- Employment and Career development
- Transportation to perinatal visits
- Family planning and parenting skills
- Energy assistance
- Higher education
- Housing
- Legal services
- Income assistance
- Substance abuse treatment
- Support services and counseling

Missouri Bootheel Healthy Start does not replace any other program. You are eligible for services even if you are enrolled in other programs.

We make referrals to organizations who provide:

1. Online at mbrcinc.org
2. Complete and bring in to the office at: 903 S. Kingshighway, Suite A • Sikeston, MO 63801
3. Call us toll free at 888-317-4949 (speak confidentially)
4. Fax completed card to (573) 471-9401

When you are a member you might be eligible for The Storks Nest! A points incentive program where you can earn free gifts based on available funds.

Perinatal Client Eligibility and Intake

Date: ________________ Recruiter: __________________
Place of recruitment: ____________________________
Name (Last, First, Middle Initial): ____________________________
Address (Street): ______________________________________
City/State/Zip: ______________________________________
County: ____________________________
Telephone: ________________________________
Email: ________________________________
Birth Date (MM/DD/YY): ________________ Age: __________________
Race: Black ____ White ____ American Indian/Alaska Native ____
Asian ____ Pacific Islander ____ Other ____
Ethnicity: Non Hispanic ____ Hispanic/Latino ____ Unknown ____
What method do you prefer we contact you: Cell ___ Text ___ Facebook ___
If so please list: ____________________________
What is the best time to contact you: ____________________________
What is your primary language? ________
Household Status: Single, Living Alone ____ Single, Living With Family/Friends ____
Married ____ Divorced ____ Separated ____ Widowed ____ Partnered Relationship ____
Are you pregnant? Yes ____ No ____ If pregnant, how many months? __________________
Due Date: __________________
Do you have any children under the age of two? Yes ____ No ____
Current children's ages: ____________________________
Single Birth: ____________________________
Multiple Birth: ____________________________
Do you want to participate? Yes ____ No ____
City: ______________________________________
Have you ever been enrolled in the Healthy Start Case Management Program? Yes ____ No ____
Date: __________________ Year: __________________
Did you complete the program? Yes ____ No ____
Who was your last Case Manager? ____________________________

The information provided does not guarantee enrollment.

Referrals may be made to other program services based on availability.

4 WAYS TO APPLY!

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Healthy Baby Class

During monthly classes individuals learn about the important role they play in having a healthy baby. Pregnant women who have children under age of 2 are invited to attend. Classes are held in a fun and non-intimidating environment. Based on available funds, transportation and day care reimbursement are provided. Male parent participation is encouraged.

First Love Yourself "FLY" Women's Support Groups

First Love Yourself "FLY" Women's Support Groups are dedicated exclusively for Healthy Start Consumers. Parents and Consortium members ages 18 and over. The group meetings support and are not limited to the following key topics: Self Esteem, Health and Wellness, Attitude, Preparedness and Empowerment.

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