CONSUMER INVOLVEMENT

Join Us

To Become a Member of the Healthy Start Regional Consortium and Local Councils

Make A Difference...

Help plan and attend education events addressing key perinatal issues associated with the Local Health Systems Action Plan Goals

- > 1st Trimester entry into prenatal care
- > Pre-Pregnancy Obesity
- Mental Wellness
- Attend Monthly Regional Consortium and Local Council County Meetings
- Stay informed on partnering agency community events
- Support Fatherhood activities
- Support Southeast Missouri Maternal Child and Family Health Coalition Advisory activities
- Support Local and State Department of Health Maternal Health activities
- Help promote Healthy Start program services





903 S. Kingshighway, Suite A PO Box 947 Sikeston, MO 63801

(573) 471-9400 Toll Free: 1 (888) 317-4949

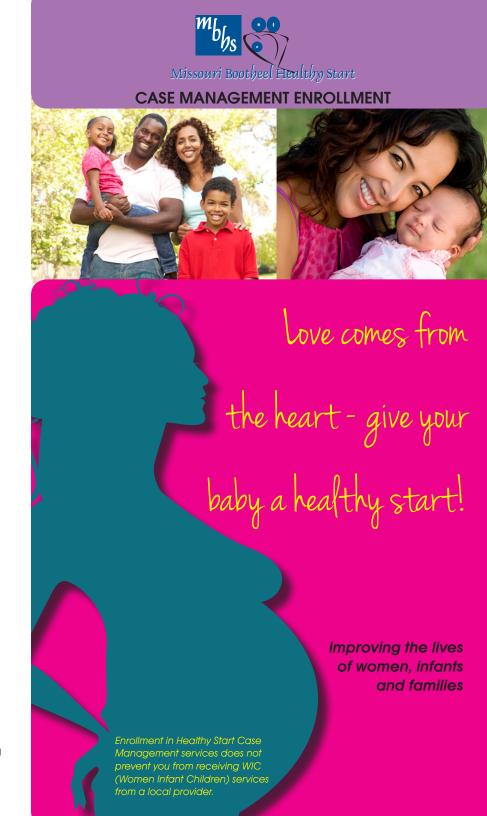
mbrcinc.org





"Like" us to receive updates and information

Supported in part by project H49MC05054 from the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (Title V, Social Security Act)



perinatal case management services

The Help You Need, When You Need It.

We work with women who are pregnant and families with children less than 2 years of age to gain access to healthcare and other community services. MBHS encourages first trimester (week 1 - week 12) enrollment.

We serve the following counties:





- Access and determine the needs of individuals and families
- Develop a plan of care to meet those needs
- Assist and link individuals and families to available resources and services in their communities
- Provide periodic follow-up to ensure the needs are being met



- Reduce infant death rates
- Reduce the incidence of low birth weight babies
- Help women have healthier babies
- Reduce racial and socioeconomic disparities in rates of infant mortality
- Promote women's wellness
- Support male involvement
- Participate on various committees





We make referrals to organizations who provide:

- Medical care and Mental health care
- **Employment and Career development**
- Transportation to perinatal visits
- Family planning and parenting skills
- Energy assistance
- Higher education
- Housing
- Legal services
- Income assistance
- Substance abuse treatment
- Support services and counseling

Missouri Bootheel Healthy Start does not replace any other program. You are eligible for services even if you are enrolled in other programs.



First Love Yourself "FLY" Women's Support Groups ited to the following key topics: Self Esteem, Health and Wellness, Attitude, Preparedness and Empow-



HEALTHY BABY CLASS

During monthly classes individuals learn about the important role they play in having a healthy baby. Pregnant women who have children under age of 2 are invited to attend. Classes are held in a fun and non-intimidating environment. Based on available funds, transportation and day care reimbursement are provided. Male parent participation is encouraged.

Perinatal Client Eligibility and Intake
Date: Recruiter:
Place of recruitment
Name (Last, First, Middle Initial):
Address (Street):
City/State/Zip:
County:
Telephone:
Email:
Birth Date (MM/DD/YY) Age:
Race: Black White American Indian/Alaska Native
Island Pacific Asian Other
Ethnicity: Non Hispanic Hispanic/Latino Unknown
What method do you prefer we contact you:CellTextFacebook
If so please list
What is the best time to contact you?
What is your primary language?
Household Status: Single, Living Alone Single, Living With Family/Friends
Married Divorced Separated Widowed Partnered Relationship
Are you pregnant? Yes No If pregnant, how many months?
Due Date:
Do you have any children under the age of two? Yes No
Current children's ages:
Single Birth:
Multiple Birth:
Do you want to participate? Yes No
City, MO
Have you ever been enrolled in the Healthy Start Case Management Program? Yes No Date Year
Did you complete the program? Yes No
Who was your last Case Manager?

The information provided does not guarantee enrollment. Referrals may be made to other program services based on availability.





1. Online at mbrcinc.org

2. Complete and bring in to the office at: 903 S. Kingshighway, Suite A • Sikeston, MO 63801

3. Call us toll free at 888-317-4949 (speak confidentially)

4. Fax completed card to (573) 471-9401

When you are a member you may be eligible for The Storks Nest! A points incentive program where you can earn free gifts based on available funds.